

PRAYER GUIDE FOR PDAC'S PRAYER WEEK¹

Enter into a time of prayer using the simple acronym P.R.A.Y

(P)ause and Rest in God

Psalm 46:10–11 (NIV)

¹⁰ He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." ¹¹ The LORD Almighty is with us; the God of Jacob is our fortress.

- Adopt a comfortable posture.
- As you exhale, release your distractions and worries.
- As you inhale, receive the truth that God is with you, He is your fortress.

(R)ejoice in God's Blessings To You

Psalm 100 (NIV)

A psalm. For giving grateful praise. ¹ Shout for joy to the LORD, all the earth. ² Worship the LORD with gladness; come before him with joyful songs. ³ Know that the LORD is God. It is he who made us, and we are his; we are his people, the sheep of his pasture. ⁴ Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. ⁵ For the LORD is good and his love endures forever; his faithfulness continues through all generations.

- Make a list of how God has blessed you, consider the spiritual and material, the past and the present.
- Give thanks for the good God has done and praise Him for his faithfulness.

¹ Based on The Prayer Course by Pete Greig

(A)sk God To Do True Good in Your World

Matthew 6:9–13 (NIV)

⁹ “This, then, is how you should pray: “ ‘Our Father in heaven, hallowed be your name, ¹⁰ your kingdom come, your will be done, on earth as it is in heaven. ¹¹ Give us today our daily bread. ¹² And forgive us our debts, as we also have forgiven our debtors. ¹³ And lead us not into temptation, but deliver us from the evil one.’

- What are the real needs of those close to you? Pray that Our Father in Heaven would provide material help, restore broken relationships, and deliver people from any evil influence.
- Pray for those in authority that they would govern with integrity and compassion.
- Pray for community leaders and workers that God will protect and sustain them, that through their efforts God will advance his good purposes.
- Pray for the Church, local and worldwide, that God’s people will be faithful and loving, a source of hope and help to others.

(Y)ield

Mark 14:35–36 (NIV)

³⁵ Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. ³⁶ “*Abba*, Father,” he said, “everything is possible for you. Take this cup from me. Yet not what I will, but what you will.”

- Just as Jesus yielded to His father’s will, submit all your prayers to the good, pleasing and perfect will of God.